## **Combined Throat and Both Nostrils** Public Santé Health publique (nasal/anterior nares) Ontario Steps 1-2 1. Insert swab in posterior pharynx and Steps 3-6 tonsillar areas 2. Rub swab over posterior pharynx and bilateral tonsillar pillars; avoid tongue, teeth, and gums. 3. Using the same swab, insert about 1 cm (0.5 in) inside nares.\* 4. Rotate swab several times against the nasal wall 5. Leave swab in place for several seconds to absorb secretions 6. Using the same swab, repeat for the other nostril 7. Immediately place in sterile tube \*Swab insertion distance will containing transport medium/buffer differ for paediatric patients.